

Government of Goa
DEPARTMENT OF TOURISM
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Do and Don'ts Advice / Instruction to tourists by Tourism Department:

We welcome you to Goa, the land of Sea, Sand and Sun and wish you all an enjoyable and safe stay. For safety, we request you to follow the following guidelines:

DO's	DON'Ts
DO SWIM, ONLY IN THE SWIM ZONES MARKED BY DUAL RED AND YELLOW FLAGS. YOU ARE WATCHED BY OUR LIFESAVERS AND ARE SAFE.	DO NOT ENTER THE WATER IN AREAS MARKED BY RED FLAGS.
DO REMAIN BETWEEN THE BLACK AND WHITE CHEQUERED FLAGS WHILE ENGAGING IN WATER SPORTS	CONSUMPTION OF ALCOHOL/DRUGS AND SMOKING IS STRICTLY PROHIBITED ON ALL BEACHES. IT IS AN OFFENCE AND PUNISHABLE WITH A FINE, JAIL OR BOTH.
DO CONTACT THE LIFESAVER/TOWER FOR ANY MEDICAL ASSISTANCE	DO NOT ENTER THE WATER/SWIM OR BATH IN THE SEA IF YOU HAVE CONSUMED ANY AMOUNT OF ALCOHOL OR HAVE MEDICAL ISSUES. IT COULD COST YOU YOUR LIFE.
DO LISTEN TO THE LIFESAVER ON DUTY. HE IS YOUR FRIEND AND WILL ADVISE YOU ON SAFETY	DO NOT ENTER AREAS/WATER WHICH HAVE RIP CURRENTS. THEY CAN BE DANGEROUS AND CAN COST YOU YOUR LIFE. IT PULLS YOU BACK INTO THE SEA. TALK TO THE LIFESAVER ON DUTY AND TAKE HIS ADVICE.
LOOK AFTER YOUR PERSONEL BELONGINGS.	DO NOT ENTER THE WATER OR SWIM AFTER SUNSET. ALL BEACHES ARE CLOSED FROM SUNSET TO 7 AM THE NEXT MORNING
DO TAKE CARE OF YOUR CHILDREN AND KEEP THEM IN YOUR VICINITY.	DO NOT DRIVE ANY VEHICLE OR LITTER THE BEACH. IT IS AN

	OFFENCE.
BEACHES ARE OPEN FROM 7 AM TILL SUNSET	AVOID ROCKY OUTCROPS WHICH ARE DAMP. THESE AREAS ARE EXPOSED TO BREAKING SURFS AND CAN BE DEATH TRAPS FOR WALKERS.
BE CAREFUL OF TOUTS	DO NOT JUMP OR DIVE FROM ROCKS INTO THE WATER, THE UNSUSPECTING DEPTH COULD COST YOUR LIFE.
KEEP AWAY FROM TURTLE NESTING AREAS.	

Additional Do and Don'ts Advice / Instruction to tourists:

1. While driving follow traffic rules. Carry on your person legal documents like licence and passport. Traffic circulation is on the left. Do not use air-horns or multi-toned horns.
2. Exchange your money only through Banks / Authorized money changers/hotels and insist on a receipt.
3. In case you want to extend your visa, contact the Foreigners Regional Registration Office located in the Police Headquarters at Panaji.
4. Shop at Government emporia/handicraft centres for quality products at reasonable prices.
5. Check power voltage before using electrical appliances for safety purpose (voltage in Goa is 220-240 volts, A.C. 50 cycles).
6. Keep your valuables in hotel lockers / bank's safe deposit vaults.
7. Contact Govt. approved Travel agents / Tour operators for local sightseeing and excursion tours.
8. In case you need a Guide hire one approved by Government. For verification you may ask for identity card.
9. Tourists carrying cameras / video cameras should check whether photography / video filming is permitted at the tourist spots.

10. Contact nearest Govt. of India / State Govt. Tourist Office / Counter / Tourist Police / Tourist Assistance Booth for any tourist information / assistance.
11. In case of loss of any documents, contact nearest Police Station.
12. While visiting religious places, please have respect for local tradition/customs, specially the dress code.
13. Observe decency and decorum in dress when visiting religious places such as Temples, Churches, Mosque, etc.. Nudity on beaches and public places is forbidden and punishable under the law.
14. Purchase rail/ air/bus tickets from authorised Agents/counters only.
15. While at the beach please read sign boards before entering the water and please follow the instructions contained in the sign boards.
16. Use Sulabh Shouchalayas (Public Pay Toilets), available at most of the important places.
17. Consult Lifeguard before entering the waters.
18. Swim in safe areas only.
19. Do not use plastic below 40 microns.
20. Deposit all waste matter at the nearest dust bin available.
21. In case you have to visit the hospital, please insist on sterilized /disposable syringes and make sure that the blood is tested before transfusion.
22. In case you see any drug peddler, please inform nearest Police Station. Information given will be kept confidential. Trafficking and possession of drugs and narcotics is a very serious offence.
23. **Do not** encourage beggars.
24. **Do not** accept food/drink from strangers.

25. **Do not** be coerced into shopping by touts/guides/taxi drivers or strangers.
26. **Do not** buy articles made from rare/endangered species of animals as such articles are banned under law.
27. **Do not** leave your belongings unattended.
28. **Do not** smoke in public places/vehicles. Smoking & spitting is banned at places of public use. Also chewing and spitting of Gutkha is banned.
29. **Do not** indulge in drugs as drug offences are punishable under law with penalty of 10 years rigorous imprisonment and fine of Rs. 1,00,000/-.
30. **Do not** purchase rail / air / bus tickets through strangers or unauthorised agents.
31. **Do not** throw garbage in the open such as beaches, roads and other open spaces.
32. **Do not** indulge in permissive sex as you run risk of being afflicted by disease of AIDS. This disease has no cure.
33. While at the beach, **do not** swim without consulting the Lifeguard.
34. **Do not** swim in unsafe areas.
35. **Do not** swim after consuming liquor.
36. **Do not** swim in the monsoon.
37. **Do not** drive any vehicle on the beach. It is prohibited.
38. **Children** are our treasure. Treat them with respect. Paedophilia is an offence punishable under the law in Goa. **Do not** indulge in paedophilia.
39. **Do not drink** on the beaches as it is banned and punishable with fine if found breaking empty glass bottles and throwing on the beach.